

Download Red Cross Lifeguard Test Study Guide

Discover why the Red Cross lifeguard manual is the industry standard, offering the valuable tools necessary when preparing to become a lifeguard. Red Cross Lifeguard Instructor certification course trains instructor candidates to teach Red Cross Lifeguard, first aid/CPR, and water safety courses. Exam Information and Study Guide. Since 1992, the Competency Evaluation Program (CEP) of the American Red Cross (ARC) in California has tested over 375,000 candidates ...Study before the test Learn with flashcards, games, and more — for free.